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**News Release
FOR IMMEDIATE RELEASE**

Date: February 24, 2026

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Feast Like a Local During Hampton's Restaurant Week

March 1 - 15, 2026

Hampton, VA – Get ready to tantalize your taste buds! Hampton Restaurant Week 2026 is set to transform Hampton, Virginia, into a culinary hotspot, inviting residents and visitors alike to “Feast Like a Local” from March 1st to March 15th. This two-week celebration promises an unforgettable journey through the city’s vibrant dining scene, showcasing everything from beloved hometown favorites to innovative, chef-driven creations. It is the perfect opportunity to discover hidden gems and revisit waterfront classics, all while supporting Hampton’s incredible local restaurants.

The “Feast Like a Local” theme for 2026 perfectly encapsulates the spirit of Hampton’s diverse food culture. Participating establishments will offer special brunch, lunch, and dinner menus, providing an accessible way for everyone to explore the richness of our culinary offerings at fantastic prices.

“Hampton Restaurant Week 2026, with its ‘Feast Like a Local’ theme, is an exciting opportunity to celebrate the unique culinary landscape that defines our community,” said Mary Fugere, Director of the Hampton Convention & Visitor Bureau. “From March 1st to March 15th, we encourage everyone to immerse yourself in the rich tapestry of Hampton’s food culture, one delicious meal at a time.”

Whether you are a longtime resident or a first-time visitor, Hampton Restaurant Week is your passport to exploring new flavors and cherishing old ones. Don’t miss this chance to support our local eateries and experience the welcoming, energetic atmosphere that makes Hampton a true culinary destination.

Hampton Restaurant Week 2026 participating restaurants include Baker’s Wife Bistro, Bull Island Brewing Company, Copper Barley, Culaccino, The Deadrise, Fishers Landing, Fuller’s Raw Bar, Graham & Rollins, Inc., Grey Goose Kitchen & Catering, Marker 20, MOMO’s Cafe LLC, Monsoon, Pour Girls, Smiley’s Sandwich Shop, Stillwater Tavern, Venture Kitchen & Bar, and MORE!

For a full list of participating restaurants and more information on Hampton Restaurant Week 2026, visit <https://visithampton.com/restaurantweek/>!

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Image attached: Hampton Restaurant Week 2026 flyer - website banner

Partially bordered by the Hampton Roads harbor and Chesapeake Bay, Hampton, with the 344,000 sq. ft. Hampton Roads Convention Center and the award-winning Hampton Coliseum, is located in the center of Coastal Virginia and the Hampton Roads metropolitan area. Hampton is the site of America's first continuous English-speaking settlement, the site of the first arrival of Africans in English North America, and is home to such visitor attractions as the Virginia Air & Space Science Center, Fort Monroe National Monument, Hampton History Museum, Hampton University Museum, The American Theatre, among others.