



**News Release  
FOR IMMEDIATE RELEASE  
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**Experience Hampton's Black history, culture on guided tour**  
*Bus tour includes libation ceremony, lunch and gift bag*

**Hampton, VA** - Join us during Black History Month for a guided bus tour of Hampton, Virginia's Black history and culture sites. The [400 Years Forward Bus Tour](#) is offered February 11, 12, 25 and 26 from 10 am - 2 pm. The Tour visits the 1619 site of the first African landing in English North America at Fort Monroe. Experience a libation ceremony, the Fort Monroe Visitor & Education Center, and special guided tour of the Hampton History Museum. Indulge your taste buds at Mango Mangeaux: A Simply Panache Bistro. Mango Mangeaux features made-from-scratch French, Creole & NeoSoul cuisine.

The 400 Years Forward Bus Tour is led by Deanna McRae King, African American storyteller and owner of Fruits & Roots Wine Tours. The tickets for the tour are \$52.99 (adults) and \$45.99 (kids) and includes visit to the sites, lunch, gift bag and pick up and drop off at The Landing at Hampton Marina. To purchase tickets click [here](#) or go to VisitHampton.com and click on Black History Tours.

**400 Years Forward Bus Tour Details**

**Dates:**

Friday, Feb. 11  
Saturday, Feb. 12  
Friday, Feb. 25  
Saturday, Feb. 26

**Time:** 10 a.m. - 2 p.m.

**Price:**

\$52.99 adults  
\$45.99 kids

**Tour Bus Pickup/Dropoff:**

The Landing at Hampton Marina Hotel  
700 Settlers Landing Rd, Hampton, VA

**Tour Stops:****Libation Ceremony at the First Africans in Virginia Historic Marker**

The first Africans in English North America arrived here at Old Point Comfort in August 1619 aboard the ship, White Lion. The Africans brought with them their languages, cultures, and traditions that along with their presence would forever change the course of the United States. View the marker and witness a libation ceremony in memory of the First Africans.

**Visit the Fort Monroe Visitor & Education Center**

The Fort Monroe Visitor & Education Center features exhibits that tell the story of the first landing of Africans in English North America and the “Contraband Decision” at Fort Monroe. The history surrounding Old Point Comfort has many layers of complicated and multi-racial themes that helped to change the course of the history of this nation.

**Tour the Hampton History Museum**

Learn about the contributions of African Americans in Hampton. The galleries include the first African arrival in 1619, to the Hidden Figures exhibit showcasing the city’s involvement with the U.S. space program. Each gallery shares the important contributions of African Americans to Hampton's history.

**Lunch at Mango Mangeaux: A Simply Panache Bistro**

Mango Mangeaux features French, Creole & NeoSoul breakfast, brunch, lunch & dinner. These cuisines are meaningful as they all possess comfort, classic flavor, and heritage. As seen on Shark Tank, QVC, Cooking Channel, USA Today and more!

For more information about the 400 Years Forward Bus tour call 757-727-1102.

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Partially bordered by the Hampton Roads harbor and Chesapeake Bay, Hampton, with the 344,000 sq. ft. Hampton Roads Convention Center and the award-winning Hampton Coliseum, is located in the center of Coastal Virginia and the Hampton Roads metropolitan area. Hampton is the site of America's first continuous English-speaking settlement, the site of the first arrival of Africans in English North America, and is home to such visitor attractions as the Virginia Air & Space Science Center, Fort Monroe National Monument, Hampton History Museum, Hampton University Museum, The American Theatre, among others.